

SDMETRO

your business your life

NO. 2, VOL. XXXI

THE GREEN NECKLACE

The Port District's grand vision for San Diego Bay **PAGE 10**



Mary Ann McGarry is one of the

SAN DIEGO MOVERS **PAGE 13**

America's Best
DONOVAN'S
STEAK & CHOP HOUSE

GASLAMP - 6TH & K
619-237-9700

America's Best
DONOVAN'S
STEAK & CHOP HOUSE

LA JOLLA - 1250 PROSPECT ST.
619-450-6666



Rancho Santa Fe Insurance

License #OD21103

San Diego's Largest Personal Insurance Agency and
Rancho Santa Fe's Agency of Choice for the Past 25 Years.



Craig A. Edwards, President

- | | |
|-----------------------|---------------------|
| • Homeowners | • Personal Umbrella |
| • Private Collections | • Aircraft |
| • Automobile | • Yacht |

Proudly representing:

Chubb Insurance, ACE Private Risk Services, Crestbrook,
AIG Private Client Group, and PURE Insurance

Our clients appreciate our exceptional service, and so will you.

"I've been with Rancho Santa Fe Insurance since 2002 and take great comfort in knowing that they've always got my best interests in mind – to the point that I'm still a happy client even though I've spent the last 6 years living on the East coast. It sounds cliché, but they've helped me through so many moves and different phases of my life that I feel like they are family."

**- Matt Vasgersian, Sportscaster
Fox Sports and MLB Network**

"It was time to upgrade our existing personal insurance and Rancho Santa Fe Insurance was able to provide more comprehensive coverage than our Allstate policy provided. The pricing was surprisingly low and the personalized service that Craig's team provides is second to none."

-William Scripps

"Rancho Santa Fe Insurance has provided my family peace of mind knowing we are sufficiently covered. Craig and his team have been respectful and reliable in matters surrounding our needs. It's all about execution and they do just that!"

**-Trevor Hoffman, San Diego Padres
All-Time Save Leader**

"I have been very pleased with the level of service and responsiveness of Rancho Santa Fe Insurance. Vanessa Snodgrass in particular has been a pleasure to work with. She is knowledgeable and prompt in providing alternate approaches to meet all our insurance needs."

**-Andrew Viterbi, Qualcomm
Co-Founder**

"If you are looking for the Rolls Royce of insurance companies, then you have found it, period!"

-Craig "Craig" Grosvenor

"Rancho Santa Fe Insurance has been a great firm to deal with over the many years. I have recommended this firm to many friends. Again, thank you for the great service!"

**-Jack White, Chairman-Jack White
Capital Investments**

"I want someone with honor and integrity, someone I can trust and believe in to handle my insurance affairs. Craig Edwards provides that for me."

**-John Moores, Owner-San Diego
Padres**

"I have been doing business with Rancho Santa Fe Insurance for 19 years and we have never experienced anything but professional service and advice. As our situation has changed over the years, Craig's team has identified and recommended changes needed to our policies. Our situation is additionally complicated by having homes in two other states. In each case, they have easily handled the insurance in each state. They are the best."

**- Ronald Judy, Co-founder Nin-
tendo of America and Founder NES
International (Nintendo in Europe)**

**Rancho Santa Fe
858.756.4444**

**La Jolla
858.454.4633**

**Newport Beach
949.759.1111**

**La Quinta Resort
760.341.4114**

**Fallbrook
760.731.1402**

Looking for **award-winning commercial real estate representation** you can **trust?**

Look no further.

- ✓ **Best Commercial Real Estate Company** | 2011-2015
- ✓ **Most Admired Company** | 2012, 2013, 2015
- ✓ **Best Places to Work** | 2012-2015
- ✓ **Best Family Owned Business** | 2014
- ✓ **Most Trusted Brand** | 2011

At Hughes Marino we do one thing every day: Help companies save money on their real estate. Because we only represent tenants and buyers – never landlords – we never have a conflict of interest. With a fierce commitment to protecting our clients backed by a 100% guarantee on service and results, we're proud to be the region's most trusted name in commercial real estate.



Our mission is to always provide quality journalism for our readers by being fair, accurate and ethical and a credible resource for our advertisers.

COVER STORY



ON THE COVER:

The Green Necklace

Boston has an "Emerald Necklace" Park System, San Francisco has its "Golden Gate" Park Loop and, with most of the components already in place, San Diego's "Green Necklace" vision is just a policy away. See Page 10.



13

Meet Our Movers

Here's another assemblage of outstanding San Diego professionals who are moving their professions and the region forward. Among them is Mary Ann McGary (pictured), the president and CEO of Guild Mortgage Co., a Kearny Mesa-based mortgage banking company.



14

Helping Nonprofits Prosper

In the four years since Ken Davenport and several other business-minded philanthropists launched Mission Edge, he's had the chance to build not only his organization, but also support more than 120 other San Diego nonprofits including Feeding America San Diego, the Timken Museum of Art, San Diego Junior Theatre, Zero8Hundred, and Miracle Babies, among many others.



16

From Barbers to Beard Culture

Nearly 2,500 people from around the country will flock to the Horton Grand Hotel and Theatre this April for ShaveCon, an in-depth exhibition on shaving set to feature museum-quality collections of vintage razors, a two-day barbering competition and upwards of two dozen vendors. And it's all the work of Tiffany Kosma, former winner of Miss Teen Connecticut USA.



19

History, Luxury and Great Cuisine

The luxurious Grande Colonial Hotel in La Jolla has been in business for more than 100 years. It has lots of history and a long list of famous guests, including some who don't want to leave. It has a reputation for harboring some "ghostly guests." There is something "other-worldly" about the hotel's restaurant, named "Restaurant 910" to echo the hotel's address. It is in the flavors of the cuisine coming out of the kitchen that is directed by the award-winning chef Jason Knibb.



21

San Francisco's Regal Stanford Court

The Nob Hill hotel is as dignified and magnificent as ever, but it has jump-started itself into the new world of high technology with free ultra-high speed wireless Internet, iMac computers and iPads for guest use and access to ZipCar and electric car charging stations. your Tesla will be right at home.

Chairman | CEO

Robert Page
BobPage@sandiegometro.com

Publisher

Rebeca Page
RebecaPage@sandiegometro.com

Managing Editor

Manny Cruz
Manny@sandiegometro.com

Graphic Designer

Christopher Baker
cbaker@sandiegometro.com

Photography/Illustration

Eric Peters
David Rottenberg

Contributing Writers

Cecilia Buckner
Adriana Cara
Michael Denzinger
Courtney Dwyer
Meagan Garland
Manny Lopez
Colette Mauzeralle
Cynthia Morgan-Reed
Delle Willett

Advertising

SALES & MARKETING DIRECTOR
Rebeca Page

Get in the loop with SD Metro's Daily Business Report. Sign up for daily emails on the latest business at sandiegometro.com

P.O. BOX 3679
RANCHO SANTA FE, CA 92067
858.461.4484 FAX: 858.759.5755

SD METRO magazine is published by REP Publishing, Inc. The entire contents of SD METRO is copyrighted, 2015, by REP Publishing, Inc. Reproduction in whole or in part is prohibited without prior written consent. All rights reserved. All editorial and advertising inquires can be made by calling or writing to the above. Editorial and ad deadline is the 24th of the month preceding the month of publication. Mail subscriptions of SD METRO are available for \$50 a year for addresses within the United States. A PDF version of this issue is available at sandiegometro.com Additional information, including past articles, online-only content and the Daily Business Report can be found at sandiegometro.com. For reprints or plaques of articles published in SD METRO, please call Rebeca Page at 858-461-4484

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any Preference limitation or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention, to make any preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This magazine will not knowingly accept any advertising for real estate which is in violation of this law. Our readers are hereby informed that all dwellings advertised in this magazine are available on an equal opportunity basis. To complain of discrimination call HUD Toll-Free at 1-800-669-9777. The Toll-free telephone number for the hearing impaired is 1-800-927-9275.

Read us online:
sandiegometro.com





Kearny Real Estate Sells Former Union Bank Headquarters to Bosa Development for \$53.2M

Bosa Development is the new owner of Five Thirty B

Kearny Real Estate Co. has sold the former Union Bank headquarters at 530 B St. in Downtown San Diego to Bosa Development for \$53.2 million.

The company acquired the building in 2014, renamed it Five Thirty B and spent \$15 million in renovations, the company said Tuesday in announcing the sale.

The renovations included all new restrooms, a redesigned lobby with artwork designed by Matt Devine, a refurbished conference center with state-of-the-art audio-visual equipment.

The renovations also included the transformation of a patio on the third floor into a 15,000-square-foot Sky Terrace that wraps around the building.

Created by Kearny at a cost of \$1 million, it is one of the largest tenant amenities of its kind in Downtown San Diego, according to Jeff Givens, Kearny Real Estate's vice president.

The outdoor meeting space and roof garden, which took top honors in the San Diego chapter of the California Landscape Contractors Association's Beautification Awards, features a fire pit, lush planting, walking paths, multiple gathering places, private seating areas and a 30x105-foot mural designed by local artist Maxx Moses.

Kearny Real Estate partner John Bragg said the company was able to increase occupancy in the building from 50 to 78 percent in the two years that it owned it. New tenants include Lewis PR, NCRC Mediation, Nyhart and Smash Lab LLC.

"Through thoughtful renovations and aggressive leasing programs, we were able to meet our five-year objectives in just over two years, and exit the investment knowing that we've created strong momentum for the new owners," said Bragg.

SERVING SAN DIEGO AND LOS ANGELES

RJS LAW

A TAX LAW FIRM

TAX PROBLEMS SOLVED

TAX AUDITS, CIVIL & CRIMINAL TAX LITIGATION

- Prevent Collections from IRS, FTB, EDD & State BOE
- Wage Levies, Liens & Installment Agreements
- Payroll & Employment Tax Disputes
- Offer in Compromise
- Tax Evasion/Fraud Defense
- Offshore & International Tax
- Sales Tax Audits & Disputes
- Tax Planning & Strategy
- Innocent Spouse Relief
- Offshore Voluntary Disclosure Program
- FBAR Preparation













FULL SERVICE STAFF OF 10 ATTORNEYS & 2 CPAs

619-777-7700 CONTACT US FOR A FREE CONSULTATION RJSLawFirm.com
SAN DIEGO: 303 A STREET, STE 400, SAN DIEGO, CA 92101 | BEVERLY HILLS: 8404 WILSHIRE BLVD, STE 210, BEVERLY HILLS, CA 90211

Trammell Crow Residential Building A 313-unit Mixed-Use Development

Trammell Crow Residential's Southern California Division has started construction on The Alexan, a 313-unit, mixed-use development, consisting of a 19-story tower with 209 apartment units, a four-story residential building with 104 units, subterranean parking for 376 vehicles, and an indoor-outdoor restaurant in a converted 100-year-old church.

The 250,000-square-foot project is scheduled for completion in the third quarter 2017.

Located one block from the Downtown Central Library and two blocks from Petco Park, The Alexan will occupy the majority of the block bounded by J, K, 13th and 14th streets.

The project was designed by Joseph Wong Design Associates of San Diego with contemporary loft-style architecture in keeping with East Village's historic industrial aesthetic, an emphasis on wide expanses of glass and stunning views. The development team also includes Nasland Engineering and landscape architects LandLab, Inc, both of San Diego.

Recreational areas, gathering spaces and lounges are featured throughout the project. The 19th floor will feature a stylish party space, bar and rooftop pool facing southwest to capture unobstructed bay, ocean and sunset views. Apartments will range from 459-square-foot studios to 2,228-square-foot, two-bedroom penthouses. All units feature balconies, floor-to-ceiling windows, gourmet kitchens, spa-like baths, walk-in closets and washer-dryers.

"This project is all about the resident having a wonderful living



experience. The units will have lots of natural light, usable balconies, beautiful unobstructed views and high end finishes. The amenity spaces will be abundant and unique," said Alec Schiffer, managing director of Trammell Crow Residential. "It's a great addition to the East Village, which is continuing to reveal itself as the place residents want to live to enjoy a 24/7 urban lifestyle in San Diego's beautiful waterfront downtown."

Including The Alexan, the Southern California Division of Trammell Crow Residential is currently developing nearly 3,000 apartment units in Los Angeles, Orange and San Diego counties, valued at more than \$900 million. The projects range from urban towers to suburban garden projects.

SDSU Professor Leads National Mathematics Educators Association

Randolph "Randy" Philipp, a professor in San Diego State University's College of Education, is president-elect of the nation's largest professional association of mathematics educators.

"Randy's election acknowledges his influence as a highly respected researcher, educator and thought leader in his discipline," said Joseph Johnson, College of Education dean.

A 25-year veteran of SDSU, Philipp is director of the Center for Research in Mathematics and Science Education (CRMSE), where he helps to oversee a portfolio of multi-million dollar grants.



Randy Phillip discussed his research at a recent Discovery Slam hosted by the Division of Research and Graduate Affairs.

CRMSE is an interdisciplinary community of scholars at SDSU engaged in research, curriculum development and dissemination, publications, presentations, and leadership roles in the community.

The organization for which Philipp is president-elect -- the Association of Mathematics Teacher Educators (AMTE) -- has been profoundly shaped by SDSU researchers. Nadine Bezuk, also a professor in SDSU's College of Education, was executive director of AMTE for 13 years. In 2011, the association renamed one of its annual awards as the Nadine Bezuk Leadership and Service Award.

In a recent interview, Philipp described his role within CRMSE and the SDSU's School of Teacher Education:

"Within my profession, people don't really understand what a mathematics educator is. I know a log of mathematics, but I don't research mathematics. Instead, I research how people think about mathematics, how people learn mathematics, and how they teach mathematics."

Philipp also serves as co-principal investigator for a five-year National Science Foundation Noyce Mathematics and Science Master Teaching Fellowship funded to support and investigate the work of 32 secondary school mathematics and science master-teacher fellows on their journey to becoming more accomplished teachers and teacher leaders.

Public Opinion Expert Daniel Yankelovich Endows Multimillion-Dollar Fund at UCSD

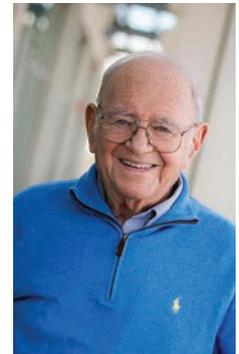
Renowned social researcher and public opinion analyst Daniel Yankelovich has established, through a bequest, a multimillion dollar endowed fund to support the UC San Diego Yankelovich Center for Social Science Research.

The problem-driven research center in the university's Division of Social Sciences is proceeding along two related paths. It is originating a research agenda and mobilizing multidisciplinary teams of scholars on key issues, beginning with upward mobility. And it provides seed funding for projects by UC San Diego researchers that show promise of significant national impact.

Known as the "dean of American pollsters," Yankelovich has spent decades monitoring social change and public opinion. Building on an academic career that included Harvard University and the Sorbonne in Paris, he engaged in various interests that eventually led to a commercial research career. Founder of several nonpartisan public policy research organizations, including Public Agenda, he is perhaps best known for starting the New York Times/Yankelovich poll, now replaced by the New York Times/CBS News poll.

Yankelovich considers his finest career achievement developing

new methods of dialogue and deliberation for helping the public convert raw opinion into thoughtful judgment. "Opinion polls just measure people's unresolved, half-baked feelings and views," he said. "The challenge is to help the public think through, deliberate, dissolve their own conflicts and finally reach considered judgment. From my view as a student of public opinion, converting raw opinion into considered judgment is indispensable to the efficient functioning of public democracy."



Yankelovich has served as a member of the UC San Diego Foundation Board of Trustees and a member of the Social Sciences Dean's Advisory Council. He continues to serve on the executive committee of the Yankelovich Center.

Young Leaders Group Formed By Regional Chamber of Commerce



James Lawson, board chair.

The San Diego Regional Chamber of Commerce has established a Young Leaders group of men and women ages 21 to 40 who will be tasked with bringing fresh perspectives to some of the region's problems and challenges.

Chamber Young Leaders is designed to provide a platform for young leaders to share their insights and unique professional perspectives, as well as foster professional growth. Guiding the group's activities are four pillars: professional development, mentoring, regional activism/causes, and networking. The full membership will vote on two to three causes which will be their focus for the year.



Star Hughes-Gorup, board vice chair.

Leading the group are Councilman Mark Kersey, honorary chairman; James Lawson, president of Presidio Public Affairs Group, board chair; and Star Hughes-Gorup, director of Hughes Marino, vice chair.

The group's board of directors were selected through an application process based on participants' proven success as industry leaders and commitment to community involvement and professional growth.

Group membership includes over 100 diverse, bi-partisan young professionals representing a variety of industries.

For more information, visit www.sdchamber.org/sdyl.



International Maritime Technology Trade Show Coming to San Diego

The Oceanology International North America, the world's largest maritime technology show, will come to San Diego in February 2017 — a gathering expected to bring up to 5,000 participants.

The show, to be held here for the first time, was announced by the San Diego World Trade Center San Diego and The Maritime Alliance.

Every other year for the next decade, the trade show will call San Diego home, alternating with London.

“San Diego is the perfect city to launch Oceanology International, North America. We have the largest cluster of Blue Tech companies in the United States and a strong culture of collaboration and innovation,” said Greg Murphy, executive director of The Maritime Alliance. “The future will be increasingly influenced by what happens in the ocean, and the fact that the largest trade show in the world for maritime technology has partnered with us is a huge coup for San Diego and positions our region to capitalize on our strengths. So this is the right place, the right time and the right team to focus

our collective attention on the ocean and the growth of sustainable, science-based economic development.”

The announcement was made in London at Oceanology International during a presentation that included The Maritime Alliance, World Trade Center San Diego and Reed Exhibitions, the owner and facilitator of Oceanology International. The show will take place Feb. 14-16 at the San Diego Convention Center.

“We look forward to welcoming companies from all over the world to San Diego next year,” said Nikia Clarke, director of World Trade Center San Diego. “Conferences like these make the most sense as they engage local companies, research institutions and talent -- even the US Navy.”

San Diego is home to the largest blue tech economy in the U.S. Comprised of more than 1,400 local companies and organizations, the blue tech cluster supports more than 45,000 jobs and generates more than \$14 billion in direct sales, according to The Maritime Alliance.

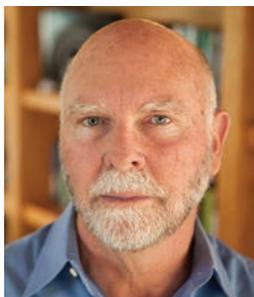
J. Craig Venter to Receive Biotech Industry Award

The Biotechnology Innovation Organization has named Dr. J. Craig Venter, founder of Celera Genomics, The Institute for Genomic Research and the J. Craig Venter Institute, as the recipient of its 2016 George Washington Carver Award for innovation in industrial biotechnology.

The award honors the legacy of George Washington Carver, who was one of the founding fathers of the chemurgy movement, a branch of applied chemistry focused on manufacturing industrial products from raw agricultural materials. Industrial biotechnology is the modern-day equivalent of Carver's vision for chemurgy, and the annual award honors an individual for carrying on Carver's legacy.

“Dr. Venter's commitment to this indus-

try matches that of George Washington Carver. Throughout his career, he has used his vast knowledge of biotechnology to break through barriers in science and medicine that were once thought to be impenetrable. This makes him worthy of the recognition attached to this award,” said Joe Hrdlicka, executive director of the Iowa Biotechnology Association and sponsor of this year's award.



J. Craig Venter

Venter will receive the award and give a plenary session talk at the upcoming BIO World Congress on Industrial Biotechnology plenary luncheon session on April 18 at the San Diego Convention Center. A special selection committee chose him for opening new outlooks on impactful applications in a biobased economy and for industrial sustainability.

Obama Appoints Cal State San Marcos Professor To National Advisory Council on Indian Education

President Barack Obama has named California State University San Marcos Associate Professor Joely Proudfit to the National Advisory Council on Indian Education.

Proudfit is chair of the Department of American Indian Studies and director of the California Indian Culture and Sovereignty Center at CSUSM. The council, which was established under the Indian Education Act of 1972, is tasked with advising the Secretary of Education and Congress on the administration and funding of Alaska Native and American Indian education programs.

“We are very proud of Dr. Proudfit's appointment to the National Advisory Council on Indian Education,” said CSUSM President Karen Haynes. “She has been a champion educator and scholar. Her research and work have been integral to our university's efforts to address the serious challenges facing American Indian students, and we are proud to have the highest per-capita number, and the only increasing number, of American Indian students in the 23-campus CSU system.”

Haynes said Proudfit's work as the founding director of the California Indian Culture and Sovereignty Center, in collaboration with the university's Tribal Liaison, “has nurtured transformational relationships with tribal partners in our efforts to increase the educational access and success of American Indian students in our region.”

Said Proudfit after her appointment: “California is home to more than 110 American Indian tribes and thousands of American Indian/Alaska Native youth and it is time to acknowledge the daunting challenges facing them as we preserve our heritage and honor our traditions through commitments to the cultural values -- responsibility, reciprocity, respect and relationships -- that define us.”

Next Generation of STEM Cell Scientists By Margaret Cbantung

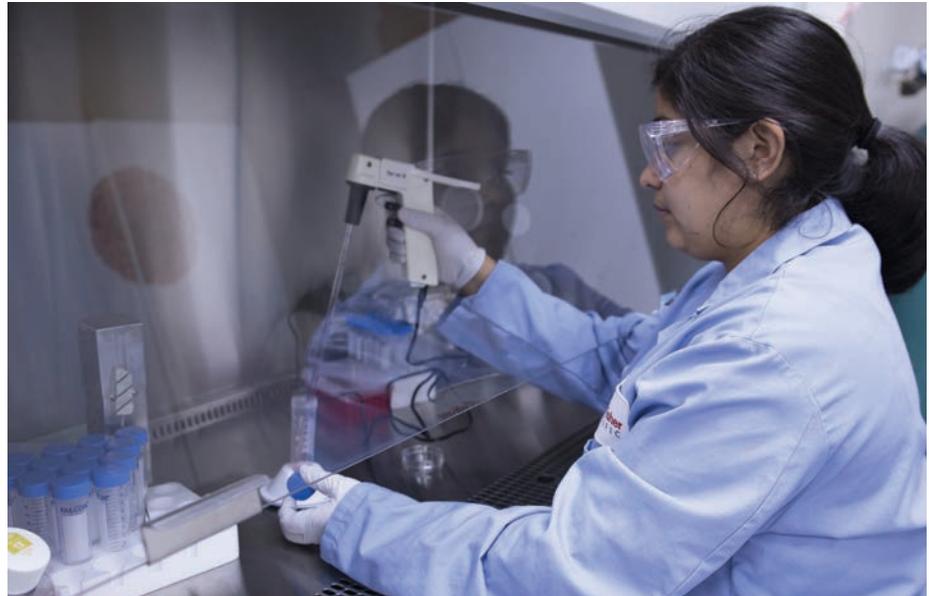
California State University San Marcos will receive a \$3,045,000 grant from the California Institute for Regenerative Medicine to continue its Bridges to Stem Cell Research Internship Program.

The program, based at CSUSM and in partnership with MiraCosta and Miramar Colleges, places students in full 12-month internships with host laboratories throughout San Diego County to cultivate the next generation of young scientists and ensure that California remains at the forefront of stem cell discoveries.

A total of \$40.13 million was awarded by the CIRM Board for stem cell internship programs across 15 California State University campuses, including CSUSM. Participating students earn a stipend of \$2,500 a month as well as their tuition paid in full by the grant up to \$7,000. Participating labs also receive a small remuneration to offset any costs incurred.

According to CIRM, stem cells have the potential to treat a wide range of injuries, diseases and neurological problems. Through the Bridges to Stem Cell Research Internship Program, academic coursework is designed to teach students about stem cells including research, ethics and regulatory affairs. Other activities are also designed to provide students with direct patient engagement and outreach activities engaging California's diverse communities.

In the field, the students gain extensive hands-on training through a comprehen-



Cal State San Marcos student Alex Mendoza is interning at Thermo Fisher Scientific through the Bridges to Stem Cell Research program. (Courtesy Cal State San Marcos)

sive lab-training course in basic cell culture and maintenance of stem cells as well as a 12-month research internship at local host institutions investigating human stem cell therapies and disease models.

Alex Mendoza is a first generation in college student at Cal State San Marcos currently interning at Thermo Fisher Scientific's Carlsbad site through the Bridges to Stem Cell Research program. She says that she has found the program to be not only rewarding but inspiring. "Thanks to this program, I can put all of my energy and focus into being a scientist," she said.

"The skill sets I'm learning at Thermo Fisher Scientific -- from hands-on experiment planning, to learning how to minimize errors and learn from my mistakes -- is giving me a complete picture of what a career in stem cell research will be like."

During the internship period, students attend research seminars, present their scientific progress at monthly colloquia to other students as well as participating host mentors and scientists, and present scientific posters at local and regional scientific meetings.



Congratulations 2016 Metro Mover

Anneke Stender



To learn more, visit: www.teamtag.net
To schedule an introductory consultation,
please call: 888 TEAM TAG

COVER STORY

THE GREEN NECKLACE

PORT OF SAN DIEGO MASTER PLAN
ENVISIONS A REAL GREEN BELT
AROUND SAN DIEGO BAY

BY DELLE WILLETT

Fisheye lens view of San Diego Bay.





The Green Necklace

Boston has an “Emerald Necklace” Park System, San Francisco has its “Golden Gate” Park Loop and, with most of the components already in place, San Diego’s “Green Necklace” vision is just a policy away.

As explained by Ann Moore, a member of the Board of Port Commissioners from Chula Vista, “The Green Necklace is the idea to create a connection along the entire length of San Diego Bay’s 50 measurable-mile shoreline between our various parks and open spaces and look at them as a whole instead of as separate parks throughout the Port.”

The idea of having a Green Necklace around San Diego Bay came during the Port of San Diego’s work on updating its 35-year-old Port Master Plan.

Moore recalls noticing when she joined the board in 2011 that the plan was consistently being amended as each project came through.

Said Moore, a land-use attorney with Norton Moore Adams, “The Port Master Plan is like our constitution for land-use, for everything we do in the port, and to amend it each time a project came through just seemed to me not to be the best way to do planning and just increases the time and costs of these projects.”

To facilitate the process of updating the

plan the port brought in Texas-based HKS Urban Design Studio. After months of integrated planning, which started in 2013 when Moore was chair of the Port Commission board, the commissioners identified a vision and a series of master-planning principles that will define the efforts needed for an update of the current Port Master Plan.

The concept of integrated planning is to take into consideration what other adjacent jurisdictions are doing and plan in respect to that. To work with adjacent jurisdictions to achieve symmetry.

“It’s like a jigsaw puzzle where you have to fit all the pieces together, getting this beautiful picture as opposed to keeping each little piece as a separate part,” said Moore.

Moore felt one of the principles that was very important to include in the master plan was the idea of having a comprehensive park-system plan that maximized public access to the Bay. At this time there is no continuous path around the Bay and there are few access points to the water.

The vision is to have a continuous network that connects existing and new waterfront parks and other open spaces. Integrate this network with the Bayshore Bikeway, existing waterfront streets and any existing and future ferry routes. Con-

sider planning, programming, maintenance, and enforcement of new parks and water-access provisions when making decisions related to open space.

Currently the Port has 22 parks scattered around about 147 acres, varying from high-use urban park spaces to sensitive naturalized shorelines, from less than an acre to 22 acres.

“And a lot these parks are not functioning to imprint the full majesty of our Bay,” said Moore. “A lot of people don’t even know they are there.”

The current parks cover just over 8 percent of the total land located within the Port’s jurisdiction — well below the amount of public, recreational parkland expected at the best-of-class waterfronts.

“We need to have more parks that people want to visit and we need to connect them to each other. We need to create places where people want to go and we need a comprehensive park vision to guide us,” said Moore.

Some existing parks provide a programmed park experience catering to large events, such as Waterfront Park; others provide exposure to natural ecosystems, offer boat launches for direct-water recreational use, or accommodate informal sports games.

According to the HKS Assessment Re-

port, the Bay shoreline defines San Diego and to experience it is to realize a sense of place, yet what could be a powerful, singular experience alongside the Bay becomes diluted and at times, detached from the Bay itself.

Existing conditions along the Bay perimeter often separate or obstruct physical and visual connections between public open spaces, adjacent communities and waterfront land along the Bay, adversely impacting the overall waterfront experience.

Many parks are separated from the Port's industrial working waterfront through fences, walls and diverted visual cues.

Military presence within the Bay adds an additional barrier to the waterline, often isolating public-use areas and disconnecting possible corridors between open spaces.

Structures within the parks often block rather than enhance views.

Buildings and parking lots often initiate the arrival experience at a park, blocking the most important view to the Bay in doing so.

Most of the parks are parallel to the water and not perpendicular. These parks rarely bring a sense of the waterfront farther upland.

Most of these parks do not tie in directly to key streets, bikeways or paths and do not add to the public's ability to easily access the water's edge, unless they drive there.

While Harbor Drive follows the Bay's contours, there are few entry points to the



'We have this beautiful waterfront and what it really needs is a strong sense of place, a place you want to visit and be a part of,' says Port Commissioner Ann Moore.

bay-front as a result of current land uses, expansive parking lots, obstructive infrastructure, physical land challenges and jurisdictional control.

Similarly, bicycle connectivity along the Bay waterfront is lacking in many areas. Many bike connections around the Bay exist only as shared roadways with daunting traffic conditions and unwelcoming edges, resulting from a combination of industrial, military and walled-off residential land uses.

And some of the solutions include:

Creating a "Haul Road" that is designated for the major trucks, separated from Harbor Drive, creating a safer passage on Harbor Drive for regular vehicles, bikes and pedestrians.

Continuing to improve upon the public

open-space network through additional land designations, connectivity and accessibility to their spaces that will allow for increased public-art opportunities and further enhance the existing park.

Making sure there are transportation connections and that when they plan other projects they take into consideration where they are.

Working to create parks where people want to go to interact with one another.

Creating connections to key streets and upland amenities that would greatly increase the number of access points to the water.

And continuing to ask, "How can we make our parks express a sense of place?"

Now that the Port Commissioners have completed the integrated-planning process, they are starting the second phase of writing the Port Master Plan, which Moore would like to have board approval by 2018.

Moore feels like San Diego can strengthen its unique identity. "We have this beautiful waterfront and what it really needs is a strong sense of place, a place you want to visit and be a part of. We as trustees of the public tidelands have done our jobs if more people are able to experience the Bay from its wildlife refuge to its active parks. The public should have a sense of pride and ownership in the Bay and there should be a sense of place — that everyone can enjoy. That's something I want to see through to completion before I leave this position in three years."



Embarcadero Marina Park North — shown here hosting the Blues Fest — is one of the elements of the 'green necklace.'



This is Phase One of the North Embarcadero Visionary Plan.

METRO MOVERS 2016



Anneke Stender

Anneke Stender is the executive vice president of TAG, an outsourced accounting and enterprise software consultancy firm. She has over 15 years of experience in the financial and accounting industry. She oversees TAG's Corporate Accounting and Family CFO Divisions, mainly focusing on finance functions on a CFO and Controller-level to support companies and individuals. In addition to managing a team of managers and accountants she is also responsible for new business development and implementing a strategic plan for growth into new industries and geographical areas. Stender has been instrumental in TAG's success. She has helped market and brand outsourced accounting in Southern California as a mainstream service and feasible option of any size. Under her leadership, TAG has expanded offices into Newport Beach, Rancho Santa Fe, Ontario and Reno, Nev., to capitalize on under-served markets. Originally from Germany, she graduated summa cum laude from San Diego State with a B.S. degree in finance. She actively participates in professional associations such as the Estate Planning Council of San Diego.



Mary Ann McGarry

Mary Ann McGarry is chief executive officer of Guild Mortgage Company. She began her career with Guild in 1984 as a supervisor in Internal Audit after a successful career in public accounting. Within five years at Guild, she was promoted to senior vice president of loan administration and information technology. She was named to Guild's board of directors in 1988 and promoted to president in 2005 and to CEO in 2007, when she led a management buyout of the company from its founder. She has since been the driving force in the development and execution of the company's growth plans and objectives, including formulating and executing strategies. As a result, Guild has successfully weathered the turbulence of occasional upheavals in the housing market, grown at a time when other independent mortgage companies were contracting and is well positioned for future growth and prosperity. Guild anticipates having loan volume of \$12 billion and servicing volume of \$20.8 billion for its most recent 12 months. McGarry has led the team to create the Guild Giving Program, which encourages employees to donate time and energy to worthy causes in their own communities. Guild has 234 branch and satellite offices in 25 states, and it has correspondent banking relationships with credit unions and community banks in 47 states.



Kevin Meissner

Kevin Meissner is a top producing commercial real estate executive at Cushman & Wakefield. He won "The Rocky Balboa Award" in 2009 as the highest grossing rookie broker in San Diego. He is the varsity coach for boys soccer at Cathedral Catholic High School, played college soccer at the University of San Diego and professionally for three years with the Timbers. He is a native San Diegan with strong ties within the community. He goes out of his way to make sure his clients (predominantly office tenants) are treated above and beyond the usual protocol. He attends several networking events every week and is constantly touring offices with his clients.



Vipul Dayal

Vipul Dayal is the executive director of Charity for Hope, a multi-purpose non-profit organization that provides financial aid and supplies to other non-profits in need. Charity for Hope's mission is to collect, send and distribute aid as well as food supplies, new and old clothes, books, medicine, medical equipment and overall assistance to the poor, ill, destitute and economically deprived. He is president of VNR Management, Inc., a hospitality development and management company that currently operates family-owned hotel businesses. He is director at large of the Asian American Hotel Owners Association. Dayal is a member of the San Diego County's Regional Human Trafficking and Commercial Exploitation of Children Advisory Council.



Greg Vega

Greg Vega is a former U.S. Attorney and current shareholder in the San Diego law firm of Seltzer, Caplan McMahon Vitek. He has partnered with law enforcement leaders across the nation to reduce the country's unprecedented number of imprisoned citizens while also maintaining public safety. He is a founding member of the newly-established Law Enforcement Leaders to Reduce Crime and Incarceration. He is a member of the board of the San Diego Economic Development Corporation.



Loren Freestone

Loren Freestone is a partner at Higgs Fletcher & Mack. He was recently elected to serve as president-elect of the San Diego County Bar Association and will assume the role of president in 2017. He is the former chair of the County Bar Association's Ethnic Relations and Diversity Committee, and former chair of the County Bar Association's Diversity Fellowship Program. He's been selected as a Super Lawyer and has been named to the Best of Bar list for 2016.

METRO MOVERS



Jack Burger

Jack Burger is founder and president/CEO of Burger Construction, a locally-based commercial construction firm. The firm is now in its 23rd year. Burger's civic participation includes the Downtown San Diego Partnership, San Diego Regional Chamber of Commerce and the San Diego Regional Economic Development Corporation. He and his employees annually cross the U.S./Mexico border to participate in the Baja Challenge, hosted by Project Mercy. In the process, Burger Construction has helped build more than 100 homes for those who have very few resources.



Carly Glova

Carly Glova is the founder and president of Building Careers LLC, an executive search service firm that allows companies in the commercial real estate industry to find and retain top-tier talent. Her firm is the only executive search firm with boots on the ground in San Diego that is solely focused on recruiting and placement for the commercial real estate industry. Before founding Building Careers, she achieved notoriety in the local real estate industry for her work analyzing the underlying assets for the NBC Universal/Comcast acquisition and as a valuation consultant on the Empire State Building as part of a large New York office portfolio that same year.



Jason Anderson

Jason Anderson is president and CEO of Cleantech San Diego, a nonprofit member organization that positions the greater San Diego region as a global leader in the clean tech economy. Cleantech's members are committed to advancing sustainable solutions to benefit the economy and the environment. Before joining Cleantech, Anderson was the vice president of business development for the San Diego Regional Economic Development Corporation. He holds a degree in corporate communications from the University of Texas and is a 2008 graduate of LEAD San Diego.



Dana Toppel

Dana Toppel is the chief operating officer for the Jewish Family Service of San Diego, one of the city's leading agencies focused on helping older adults achieve self-sufficiency, and lead healthy, independent lives. As chief operating officer, Toppel is a driving source behind the implementation of the agency's mission, overseeing all operations under JFS's \$17 million annual budget, developing partnerships with peer organizations, public officials and funders. JFS was selected by United Way of San Diego County for a \$450,000 collective impact grant. Toppel is active at the Price Family Preschool and a proud supporter of Planned Parenthood.



Gregg Parise

Greg Parise is the chief executive of Events.com. Investors include Tomorrow Ventures, Chris Burch via Burch Creative Capital, Silverstein Properties President Tal Kerret, DLA Piper Venture Fund, Wilson Sonsini Investment Company and Arctaris, La Jolla Company and Moore Venture Partners. User first is one of Events core values. The company creates all experiences with their user in mind. Events' focus ensures a positive experience and is also a catalyst for its second core value – innovation. He is a vice president of PEERS Network.



Kevin Choquette

Ken Choquette founded Fident Capital in 2005, and has been a business owner and entrepreneur for more than 10 years. He has served on the board of the San Diego chapter of Entrepreneurs Organization and currently serves as a mentor to budding business owners. Choquette is a full member of the local Residential Council, which brings public and private developers, city leaders and their consultants together in housing policy, placemaking and residential Development for the San Diego region. He holds a bachelor's degree in classical guitar, and an Entrepreneurial Masters Program degree from MIT.



Gabriel Bristol

Gabriel Bristol is the CEO and president of Intelicare Direct, a leading customer service solutions company. He is widely recognized as one of today's most talented customer service CEOs because of his track record of developing turnkey solutions, effective customer care and sales programs for small and medium size businesses across various industries. He was a child of the foster system. He was abused and bullied in high school, which ultimately led to him dropping out. Bristol lived for a time on the streets in Michigan and later in Los Angeles. Now in his 40s, he oversees over 500 employees.



Daisy Adato

Daisy Adato is the founder of Basil Brands, a branding agency. She studied business management at San Diego State and graduated with a bachelor's degree in science. She also attended the Art Institute of California-San Diego from which she graduated with a B.A. degree in advertising. Adato owned and operated the International Dance Company for 10 years, and sold the company to the Ballet Conservatory before she turned 27. She is a former counselor of the Ken Jewish Community and was a design volunteer for the Beth Ellyahu Torah Center.



Bill Trumpfheller

Bill Trumpfheller is president of Nuffer, Smith, Tucker, an award-winning public relations firm and interactive firm. He is a nationally-known expert with 30 years of experience in public relations, integrated marketing, strategic planning and branding. He began his career at Nuffer as an intern in 1986. Trumpfheller earned a degree in public relations at San Diego State under the tutelage of public relations legend Glen M. Broom. He has served on the boards of United Way of San Diego, LEAD San Diego, San Diego Tourism Authority and Ronald McDonald House Charities.

Ken Davenport: Helping Nonprofits Prosper By Jennifer Coburn

More than 120 organizations assisted

Ken Davenport is at his best when he's building something, whether it's a Lego project with his son, handcrafted wood furniture for the office, or nonprofit organizations that serve San Diego.

"I really like the formation process and seeing things come to fruition," says Davenport, CEO of the nonprofit Mission Edge San Diego.

In the four years since Davenport, and several other business-minded philanthropists, launched Mission Edge, he's had the chance to build not only his organization, but also support more than 120 other San Diego nonprofits including Feeding America San Diego, the Timken Museum of Art, San Diego Junior Theatre, Zero8Hundred, and Miracle Babies, among many others.

"Most nonprofits are great at serving the community, but struggle with the business side of things. Some organizations just need a little help in accounting," says Davenport. "Others need a more comprehensive support package. We've had clients tell us that we saved them a ton of time and money, or that we've really helped them scale."

Davenport says that in his work with nonprofits through Social Venture Partners he saw too many organizations whose resources were being diverted away from their mission. "I've seen an executive director spend literally dozens of hours responding to a claim of wrongful termination of an employee, something that could have been avoided with some simple HR advice," says Davenport. "But nobody at the organization had the expertise. What we are doing is allowing organizations to become more efficient by outsourcing certain business operations, while providing the expertise to help them avoid costly mistakes. We consider it a huge success when nonprofits can do their work more effectively and spend more time working on their core mission and passion."

The son of a Korean War veteran, Davenport has always appreciated the importance of serving, though it wasn't until relatively recently that he found his opportunity to give back. Mission Edge is his first foray into the social sector, after a career as an entrepreneur and technology executive. "I realized that serving can take many forms, and for me, using my business experience to help nonprofits be more effective can have a bigger impact than if I just donated my time," he says. Though he does volunteer his time as well, particularly in support of veterans and the military community.

Davenport serves on the board of the Travis Manion Foundation, an organization dedicated to assisting veterans and families of the fallen by empowering them to move forward and inspire the next generation of leaders. "Veterans have a sense of dedication and purpose, and that sense of mission is very valuable," he says. "I really enjoy helping veterans understand how their skills are transferable and marketable in today's civilian job market."

This past summer, Davenport joined his 84-year-old father on an Honor Flight to Washington, D.C. As he traveled with 120 World

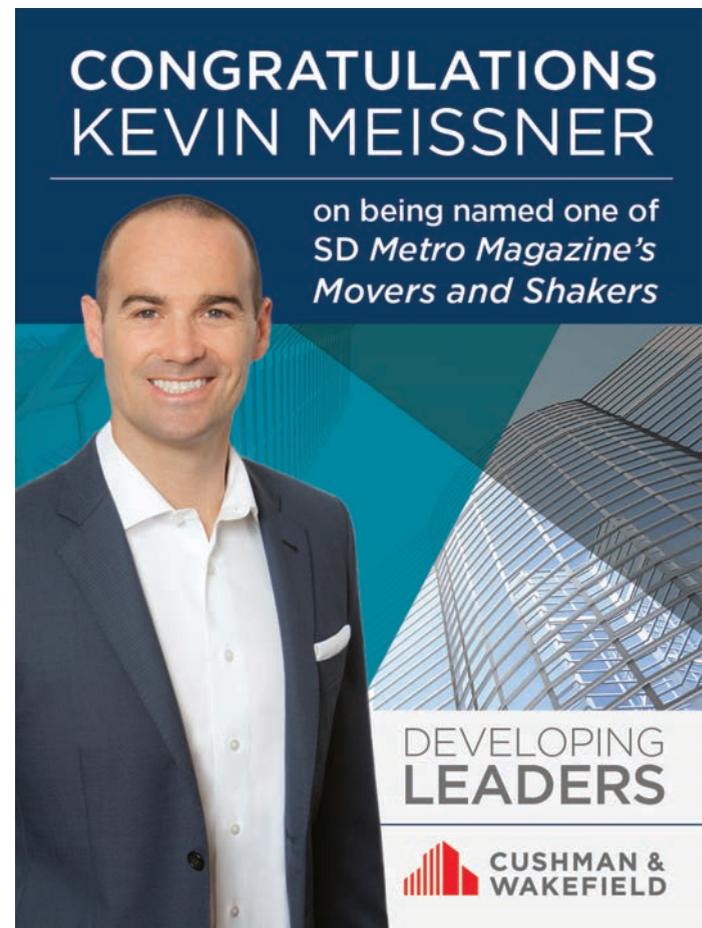
War II and Korean War veterans, his dedication to serving veterans grew. "I was sitting on the bus with guys in their 90s telling me about their missions flying bombers over Germany, and realizing that this great generation is passing," says Davenport. "But we have our own 'greatest generation' in those who have served since 9/11, and it's become important to me to help where I can. They've bravely served us – it's the least we can do to help them as they come back to the civilian world."

In Davenport's spare time, he enjoys spending time with his 9-year-old son Gabe, a budding military buff. "He's been interested in airplanes and military stuff since he could talk," he says. "Gabe is now really into using his Lego set to do World War II mock-ups and battles. Last week, we did Omaha Beach on D-Day. It was pretty incredible."

A Do-It-Yourself carpenter, Davenport is also teaching his son how to re-purpose materials and create something new and beautiful. He made a wood sign and four redwood tables from scraps from an old deck, then wired them for electricity, and they are now being used in the Mission Edge offices. "I've always been pretty handy," he says. "I'm kind of a start-up guy."



Ken Davenport
(Photo by Jennifer Coburn)



Daylight Savings Natural daylight enhances human performance

By April Harter Enriquez

Before he famously scored 81 points against the Toronto Raptors in 2006, Kobe Bryant ate pepperoni pizza. Fast forward 10 years, and the now 20-year Laker in his last season has given up greasy food and sugary favorites like Sour Patch Kids and instead slurps bone broth to improve his performance.

According to a 2015 article by ESPN writer Baxter Holmes, “Bone broth has quietly but steadily become a daily staple of Bryant’s diet over the past three years. It’s the foundation of his pregame meal at home and on the road, and the Lakers put in long hours to make sure it’s carefully prepared for him at all times.”

If you’re lucky, you have a Kobe Bryant on your staff (think Kobe circa 2010). If you’re exceptionally lucky, you also have a roster of future MVPs. But what do they need to perform?

Keeping a vat of bone broth in the employee lounge might not be the answer, however it’s worth looking at what makes your employees excel. What drives their performance? What’s their bone broth?

Alison Whitelaw, senior principal at Platt/Whitelaw Architects and past president of Academy of Neuroscience for Architecture in San Diego, highlights three employer-controlled factors impacting employee or student performance: daylight and view, outdoor elements and ability to control one’s space.

Several studies have demonstrated that natural daylight impacts human performance. Much of the research has been focused on schools, but it’s applicable across the board, according to Whitelaw. “Without question, good-quality, diffused daylighting increases performance over a space that doesn’t have it,” she says.

In a study done by Roger S. Ulrich in 1984, hospital patients with a view from their window fared better under certain conditions than with-



Carling Communications, a Fifth Avenue Financial Center tenant, features natural light from a skylight in its new reception area, which also has a unique structural steel partition.

out a window view. According to the research, “...patients with the tree view took fewer moderate and strong pain doses than did the wall-view group and more doses in the weak category. The wall group, therefore was given many more doses of potent narcotics, whereas the tree group more frequently received such drugs as aspirin and acetaminophen.”

Later, in 2003, the Heschong Mahone Group completed human performance studies on behalf of the California Energy Commission’s Public Interest Energy Research program.

The study looked at office worker performance and the indoor environment, resulting in several recommendations, including: encourage the design of office buildings with views provided for all workers. According to the study, daylight came up significant and positive for the highly-accurate short term memory assessment test of Backwards Numbers.

On the flipside, glare posed a problem. According to the

study, “Glare from windows is negative, implying that the positive effect of a large field of view while looking at the monitor needs to be modified by the negative potential for glare from windows.”

“How you design daylighting is so important to a space,” adds Whitelaw. “With windows comes light and views, but also heat and glare. The size, location and orientation of windows have to be designed very carefully.”

Jim Roherty, president of San Diego-based Pacific Building Group, is witnessing this trend across the county. “Nearly every project we work on places an emphasis on bringing in outdoor elements and natural light,” says Roherty.

At the newly completed Fifth Avenue Financial Center in Bankers Hill, also known as “The Mr. A’s Building,” the firm installed a Nanawall operable window wall system, which will be used to access the new exterior patio. The firm also reglazed existing skylights to emphasize natural daylight.

Similarly, the firm installed a completely new curtain wall system to allow more light into iboss Cybersecurity’s new office space. “Very few walls were built in the space to allow all employees to take in natural light,” Roherty says.

Whitelaw adds that having control of one’s environment is also critically important to performance. “People feel more comfortable when they feel they’re in control of their space.” Such examples include the ability to add personalized task lighting, access to fresh air and the ability to control the temperature.

Researchers from Salford University reported in 2015 that layout, construction and classroom design had a significant impact on students’ reading, writing and math performance. Natural lighting, temperature, air quality and individualized classroom design were also highly important.

“People relate to the natural world,” adds Whitelaw. “Because we work inside all of the time, it’s hard to get balanced circadian rhythms.” Light is the main cue influencing circadian rhythms and they in



Jim Roherty, president of San Diego-based Pacific Building Group.

turn influence sleep/wake cycles, hormone release, body temperature and other bodily functions. Abnormal circadian rhythms have been linked to various health problems.

In UTC, Pacific Building Group completed new tenant improvements for Moss Adams LLP, allowing all employees of the accounting firm to access breathtaking views with site lines that permeate open and enclosed workspaces.

Another trend in San Diego's commercial real estate market is the implementation of collaborative office spaces. "There are new opportunities for people to interact when walking to and from their workstations," says Whitelaw. "What used to be a corridor is now an indoor street where people can stop and cluster."

For Carling Communications, a Fifth Avenue Financial Center tenant, Pacific Building Group incorporated private and large open office spaces, a pantry-meets-lounge area, modern conference rooms and a reception area with unique structural steel partition feature. "An environment with multi-use areas encourages employees to



A curtain wall system allows light into iboss Cybersecurity's new office space, completed by general contractor Pacific Building Group.

move about the space and collaborate," adds Roherty.

"Today's motivator is flexibility," says Whitelaw. "Designing for individual control in the workplace is the solution. Spaces need to be transitional and employers need to be flexible."

April Harter Enriquez is a local public relations professional and consultant with TW2 Marketing.



4/01/2016

CAST YOUR 40 UNDER 40 NOMINATIONS ON
SANDIEGOMETRO.COM

SDMETRO
 your business your life

40
 Under 40

From Barbers to Beard Culture ShaveCon launches this spring **By Colette Mauzeralle**

Nearly 2,500 people from around the country will flock to the Horton Grand Hotel and Theatre this April for ShaveCon, an in-depth exhibition on shaving set to feature museum-quality collections of vintage razors, a two-day barbering competition and upwards of two dozen vendors.

One might expect the people behind such an occasion to be a group of suavely bearded barbers with a penchant for stylized facial hair. In actuality, the brain behind ShaveCon is Tiffany Kosma, an outgoing redhead and former winner of Miss Teen Connecticut USA.

Stereotypes aside, Kosma's path to creating ShaveCon has been a whirlwind; in 1998 she left Connecticut for the bright lights of Las Vegas, opening the Paris Las Vegas Casino and working for Donald Trump, traveling the world to produce pageants including Miss Trump Style and Miss Trump Style International.

She then moved to Mexico to work for an energy drink company, and later lived in Trinidad and Tobago. In 2004 Kosma returned to Connecticut, but when her family decided to move to Arizona one year later, so did she. In Phoenix she was introduced to a razor restoration company that sparked her initial interest in shaving; this passion continued to grow throughout the next decade and followed her during a move to San Diego last year.

Today, Kosma participates in 30 different online groups dedicated to shaving. On the Internet, she and like-minded members discuss products and methods and frequently post artistically styled "Shave of the Day" pictures that incorporate shaving equipment. She is also a shaving coach, and for \$50 per hour assists clients via Skype and FaceTime with problems including skin irritation, scent sensitivity and blade selection.

It was last November when Kosma decided to expand her passion for shaving into something that would include a wider community, and thus the idea for ShaveCon was born.

"It was late at night when the idea for

ShaveCon suddenly came to me. The domain was available, so I bought it immediately and launched the website in January. I knew I wasn't giving myself a ton of time, but I feel like the need for it is now. The hipsters, the beards, the mustaches: it's popular now," says Kosma.

"There are smaller shaving meetups that go on all over the country already, and people make all these YouTube videos and Facebook groups about shaving. The goal is to bring everyone into the same room and put all the awesomeness into one place. I want to create a camaraderie. To be able to do this face-to-face is exciting."

ShaveCon will encompass nearly 10,000 square feet of the Horton Grand, making use of the historic hotel's European-style courtyard, two large meeting rooms and Copley Alley, where there will be a mobile barber shop, full bar and cigar station. Within the Horton Grand's expansive Regal Room nearly 25 exhibitors will display their wares, providing demos, answering questions and offering products for immediate purchase.

Attendees will be educated about and entertained by a variety of straight, safety, vintage and cartridge razors. Beyond this, shaving and grooming tools including soaps, brushes, scissors, balms and mustache waxes will be highlighted. Industry-specific companies and organizations from around the nation will include Rockwell Razors (a successful Kickstarter-funded company that will debut a new razor at ShaveCon), Tiki Bar Soap, Local Gent Shaving Co., Grim Blades, Movember and more.

For those wondering if ShaveCon applies to the can't-miss beard trend, Kosma explains: "Beard culture drops into two categories. One is 'don't shave ever' and the other is the hipster types with perfect beards. Both of those people can benefit from balms, mustache waxes, cleansers and other grooming products."

ShaveCon will also feature a barber competition, with professionals from around the nation testing their skills in front of a panel of judges and the general



Tiffany Kosma, creator of ShaveCon. (Photo by Elsa Flores)



ShaveCon barber competition trophies. (Photo by Tiffany Kosma)

audience, who will rate competitors on how they shave faces, heads, arms and necks in categories including style and technical skills. One man and one woman will each be chosen as the King and Queen of ShaveCon — their prize being mustachioed trophies and endless bragging rights.

The inaugural ShaveCon will take place over the course of three days, Friday, April 15, through Sunday, April 17. Tickets to ShaveCon are \$20 per person or \$10 for active and retired military, police and fire personnel. For details, visit www.shavecon.com.



HISTORY, LUXURY & GREAT CUISINE

THE LUXURIOUS GRANDE COLONIAL HOTEL IN LA JOLLA

By David Rottenberg

It would be fun, certainly different, to have dinner with a ghost. No, this isn't about eating at Disneyland and the presence of a ghost cannot be guaranteed to arrive along with entrée. But ghosts are reputed to roam some of the hallways and rooms of the hotel where the restaurant is located.

The luxurious Grande Colonial Hotel in La Jolla, located at 910 Prospect St., has been in business at the location, in one way or another, for more than 100 years. It has lots of history and a long list of famous guests, including such Hollywood stars as Gregory Peck, Charlton Heston and Groucho Marx.

Some guests apparently don't want to leave. Located in the heart of La Jolla, close to the beach and shopping, it serves as an easy jumping-off place from which to enjoy the delights of the village. It is understandable why some want to extend their stays.

But these "ghostly guests" left a long time ago yet they continue to reappear on occasion. One clerk reported seeing "A tall gentleman in a tuxedo, top hat, white scarf and cane accompanied by a lady in a cream-colored evening gown" when no one was there. Other guests have heard loud voices, slamming doors and heavy footsteps coming from the bakery at times that no one was there.

There is something "other-worldly" about the hotel's restaurant, named "Restaurant 910" to echo the hotel's address. It is in the flavors of the cuisine coming out of the kitchen that is directed by the award-winning chef Jason Knibb. The flavors

RESTAURANT REVIEW

are so delicious.

Chef Knibb, who comes from Jamaica where produce and fruits are fresh, learned his craft by doing it. He trained with such luminary chefs as Wolfgang Puck, Roy Yamaguchi and Hans Rockenwagner. He worked, watched, experimented and developed his unique style. His creations emphasize freshness and taste, with the bounty of local farmers and producers, as well as fresh seafood flown in daily if not caught offshore. This is California Cuisine at its best.

Walking into the hotel and restaurant, one could not recognize that the property is over a century old. The lobby looks modern, sophisticated. The restaurant entrance leads past the bar area into the large dining room. The bar area is well known as a great place to relax and have a drink after work. The bar has its own menu and, during Happy Hour (3:30-6:30), there are food and drink specials.

The wine list is compiled with an eye to selections that complement items on the menu. The restaurant has received the Wine Spectator award and holds over

3,000 bottles in inventory. On Wednesdays, wine at lunch and dinner are discounted 50 percent.

The menu lists First Course (appetizers) to whet one's appetite and Entrees. Among the entrees, Hamachi Sashimi presents tasty thin slices, surrounded by shitake mushrooms. Chino Farms Fall Squash Agnolotti and Braised Oxtail, with pickled butternut squash and pumpkin seeds, will wake up one's palate. Chef Knibb goes back to his roots with Jamaican Jerk Pork Belly that offers an explosion of tastes through an assemblage of baby carrots, swiss chard, plantains, black-eyed peas, spicy jellies and sweet potato purée.

Entrees include Roasted Local Grouper with braised fennel, roasted cauliflower, spinach, pomegranate seeds, pickled parsnips, and saffron raisin puree as one of the fish dishes, Maple Leaf Duck Breast with grilled figs, smoked carrots, baby swiss chard, sunchoke puree, and anise infused duck jus as one of the fowl dishes, and Prime New York Steak with wild mushrooms, crispy confit baby potatoes with salsa verde, quince & mustard seed com-

pote, with a cabernet reduction. Moroccan Spice Crusted Lamb Loin, with Chino Farms eggplant, haricot verts, charred onion and lamb jus is a meat alternate.

Chef Knibb presentations are lovely. Food items are arranged beautifully on plates and include a number of ingredients. They blend like instruments in an orchestra to create a symphony of taste. Portions are not large. But the bites are to be savored and enjoyed, not gulped down.

Desserts are prepared by Pastry Chef Rachel King. She studied at San Diego Culinary Institute and worked locally at Mr. A's and for a number of restaurants owned by Chef Brian Malarkey. Some of her tasties creations include an amazing Half Baked Chocolate Cake with caramel sauce, and whipped cream or vanilla ice cream.

Restaurant 910 is open daily for breakfast, lunch and dinner. The menu is expensive and reflect the skill and fame of Chef Knibb. Reservations are recommended.

The restaurant is located at 910 Prospect Street. Call (858) 964-5400 for directions, reservations and information.



Half baked chocolate cake



Crusted lamb



Executive Chef Jason Knibb



Pastry Chef Rachel King

SAN FRANCISCO'S REGAL STANFORD COURT

A majestic princess that has gone tech savvy

By Bob Page

Eons ago I was a traveling man managing large chunks of United Press International's worldwide operations. A road warrior in a suit and tie. Days long gone.

The gig demanded leaving home Monday, packed suitcase in hand, hop a jet to wherever I was headed and land in a hotel room, ready to conquer whatever challenge lied ahead.

In those heady days of the '60s, '70s and '80s, hotels were plentiful in number, but style and class were another matter. The

usual assortment of Hiltons, Sheratons and Holiday Inns were around every corner, and if the room was clean, the shower worked and there was a spot for a quick morning coffee, you motored out to your day at hand.

But ah, then there was San Francisco! Fabulous choices from which to choose. My choice was the Stanford Court. It was majestic and austere, like a regal princess, and situated perfectly on Nob Hill.

Today, on my first return visit in years, I found it as dignified and magnificent as ever.

The changes, however, are dramatic. It has jump-started itself into the new world of high technology.

Catering to today's tech-savvy travelers, the Stanford Court had partnered with Powermat, the inventor of the popular wireless charging platforms. The Powermat augments the hotel's existing progressive tech amenities. There are





The spacious hotel lobby features a giant domed fixture.



A room at the Stanford Court.

designated areas in the property’s lobby, bar and front desk where you can wirelessly charge your iOS and Android devices.

There is free ultra-high speed wireless Internet and complimentary Apple iMac computers and iPads in the lobby for guest use. There is access to ZipCar and electric car charging stations as well. Your Tesla will be right at home.

“We want to tell a story whenever possible that we’re catering to the needs of the modern traveler. We offer access to high-tech amenities and fast Wi-Fi,” said Michael Baier, the hotel’s general manager.

To give visitors to the 393-room property a “sense of place,” the Stanford Court promotes local Bay Area artists and musicians within the hotel.

“We offer an authentic San Francisco experience with a modern perspective, featuring partnerships with local purvey-

ors, sweeping city views, and cool, contemporary accommodations in the heart of Nob Hill,” Baier said.

The hotel has a large scale renovation planned for this year in its continuing effort to “reflect the best of the Bay Area,” Baier added.

A very casual atmosphere comprises the hotel’s dining option. The Aurea Café and Lounge is open for breakfast and dinner. The hotel takes great pride in serving 100 percent of sourced California products, most from less than 50 miles away. It is a partnership designed with small farms, artisanal producers and craft brewers and distillers.

Our visit back to The City by the Bay also gave us a chance to renew an acquaintance with Beach Blanket Babylon, San Francisco’s hilarious pop-culture musical revue. It is the world’s longest running musical. I’m not sure you need to see it as many times as we have but nonethe-

less it makes for a fun evening.

No trip to San Francisco would be complete without at least one Chinese meal. Tommy Toy’s, the city’s iconic and legendary restaurant favored by locals and A-listers, is no more. Options abound and we found Fang, run by Kathy Fang, whose father founded and continues to run the House of Nanking. If you miss Toy’s be sure not to miss Fang.

In a city with more restaurants than days in a year, we’ve latched on to two which we’ve kept etched in our memory bank: The Boulevard, a very classy and contemporary with “high cotton” cuisine near the Embarcadero, and Trattoria Contadina, an amazing little Italian tucked away in North Beach and a short walk from Beach Blanket Babylon.

It’s already time to go back to San Francisco. It’s the most easily missed city in the country, and a large part of the world as well.



WOMEN WHO

IMPACT SAN DIEGO

NOMINATION DEADLINE: APRIL 15



 VOICE of SAN DIEGO

Start your day with a roundup of
San Diego's most important news stories:

GET THE FREE MORNING REPORT

voiceofsandiego.org/morning-report

Voice of San Diego is a nonprofit news organization that publishes investigations and stories daily on voiceofsandiego.org.

Join thousands of others who care about our city and region and sign up today.



Presort Standard
U.S. POSTAGE
PAID
PERMIT NO. 2325
SAN DIEGO, CA

100% Prime



*We invite you to experience
our take on the classic steak house. Our passion for flavor and
commitment to quality has encouraged a wide and loyal following.
Join us at Donovan's.*

America's Best
DONOVAN'S
STEAK & CHOP HOUSE

877-698-6666
LA JOLLA • SAN DIEGO • PHOENIX
NEW LOCATION: 1250 PROSPECT STREET

WWW.DONOVANSSTEAKHOUSE.COM
OPEN AT 4:00PM, DINNER AT 5:00PM.
RESERVATIONS RECOMMENDED.
BUSINESS CASUAL. VALET PARKING AVAILABLE.